



Your Trusted Guide and Advocate

What We Do



- Holistic assessment of strengths and needs
- Coordinate medical care
- Manage a safe transition from hospital to home
- Create age-at-home strategy
- Find the right retirement community
- Find a trusted home care agency
- Provide referrals to reputable legal & financial resources
- Navigate Medicare, government assistance, insurance, benefits
- Help make long-term care insurance claims

Why work with LionHeart?

Our team of experts specialize in nursing, social work, gerontology, dementia, hospice, elder advocacy, and knowledge of Northern Virginia healthcare systems. Our credentials include certification by the National Association of Social Work, National Academy of Certified Care Managers and membership in the Aging Life Care Association, all professional marks of excellence.

(703) 677-8319
www.lionhearteldercare.com



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How It Works

OUR 5-STEP PROCESS

- 1 Call to schedule a free 20-minute phone consultation to discuss your situation. If you like what you hear, we'll send you our agreement to review and sign.
- 2 Meet with one of our care managers in-person or virtually to assess strengths, answer questions, discuss next steps.
- 3 Together, we develop a plan of support, keeping in mind budget, personal preferences and existing resources.
- 4 Choose how much support you'd like. You may need us for one hour or as an ongoing partner in care. You are only charged for the time you use.
- 5 Put plan into action for a continued life of joy and purpose.



Our Commitment to You.

We will:

- Reduce your stress
- Save you time, and often, money - our familiarity with local resources gets you to the right solution sooner
- Match services to your priorities for strategies as unique as you
- Provide 24/7 emergency coverage

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