



Friendly Visitor Program

A little help and connection when you want it

LionHeart's Friendly Visitor program provides social connection, companionship and practical support for seniors living at home or in retirement communities.



Do you or your loved one want:

- some help around the home to help keep things running more smoothly?
- someone to run a few errands or help to prepare meals?
- a companion to accompany you to a family event?

Our Friendly Visitors provide personalized services that you control. We'll help you shop at your favorite places, escort you to a variety of appointments, tend your garden, or discuss current issues.

Very Flexible

Our Friendly Visitors might work with you on a regular basis, or for a one-time requested task. There is a one-hour minimum with no ongoing commitments. We are here to meet your needs on your terms.

Why work with LionHeart?

Our Friendly Visitors are compassionate community members vetted and ready to lend a helping hand. Our employees are selected for empathy, intelligence, organizational skills and a respectful demeanor. We do not provide medical or physical care.

Contact us today to learn more!

(703) 677-8319
www.lionhearteldercare.com



Friendly Visitor Program

How We Help

- Sort and organize paperwork and mail
- Run errands, pick up prescriptions
- Plan, shop and prep for groceries and meals
- Partner in light household tasks, including organization and decluttering
- Provide light technology support
- Coordinate household/handyman services
- Drive you to routine appointments (podiatrist, dentist, hairdresser)
- Be a companion for family events or community gatherings
- Engage in enjoyable activities - games, crafts, baking, co-reading
- Schedule visits with old friends to maintain connections
- Be a listening ear for engaging conversation



Our team of experts has been providing compassionate care and support to older adults and their families since 2018. Serving Northern VA, including Arlington, McLean, Falls Church, Fairfax, Alexandria, and neighboring communities. We help families and older adults navigate health care decisions, coordinate medical and residential care, and act as the "eyes and ears" for families at a distance.

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